

HEALTH & WELLBEING BOARD

Subject Heading:

Review of Havering Healthy Weight Strategy 2024-2029: Everybody's Business Annual Report (Year 1)

Board Lead:

Mark Ansell, Director of Public Health

Report Author and contact details:

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The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

	The wider determinants of health						
	 Increase employment of people with health problems or disabilities 						
	Develop the Council and NHS Trusts as anchor institutions that consciously seek to						
	maximise the health and wellbeing benefit to residents of everything they do.						
	 Prevent homelessness and minimise the harm caused to those affected, particularly rough 						
	sleepers and consequent impacts on the health and social care system.						
\boxtimes	Lifestyles and behaviours						
	The prevention of obesity						
	 Further reduce the prevalence of smoking across the borough and particularly in 						
	disadvantaged communities and by vulnerable groups						
	 Strengthen early years providers, schools and colleges as health improving settings 						
	The communities and places we live in						
	 Realising the benefits of regeneration for the health of local residents and the health and 						
	social care services available to them						
	 Targeted multidisciplinary working with people who, because of their life experiences, 						
	currently make frequent contact with a range of statutory services that are unable to fully						
	resolve their underlying problem.						
	Local health and social care services						
		and social care somiless at locality level					
	Development of integrated health, housing and social care services at locality level.						
	BHR Integrated Care Partnership Board Transformation Board						
	 Older people and frailty and end of life 	Cancer					
	 Long term conditions 	Primary Care					
	 Children and young people 	Accident and Emergency Delivery Board					
	 Mental health 	Transforming Care Programme Board					
	Planned Care						



SUMMARY

The purpose of the annual report is to provide an overview of the progress made in the first year of implementing the Havering Healthy Weight Strategy (approved by Cabinet in May 2024). It serves as a review document for the strategy's steering group, comprising key partners across the Council, NHS, CVS, and primary care, and is being presented to the Health and Wellbeing Board for further scrutiny and guidance.

The accompanying slide deck is intended to summarise the annual report.

RECOMMENDATIONS

Health and Wellbeing Board members are recommended to:

- 1. Note the key achievements, challenges, and next steps from the annual report.
- 2. Confirm continuing support and leadership for the strategy
- 3. Reinforce the shared responsibility across sectors and help embed healthy weight into broader work on health inequalities and prevention

REPORT DETAIL

Please see papers attached:

- Slide deck summarising annual report
- Annual report

IMPLICATIONS AND RISKS

Implications and risks associated with delivery will be managed through the governance arrangements described in the Healthy Weight Strategy and/or respective organisations' decision-making processes.

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None.